

PRAYING *With* CHILDREN

SUNDAY LITURGY



22nd Sunday in Ordinary Time

1 September 2024 - Year B

“You forget the commandments of God and hold on to human tradition.”

Something to Think About

What makes a ‘good person’?
Who in your life is a really good person?

The Story

In today’s story, the Pharisees and teachers question Jesus because they have seen some of his disciples eating without washing their hands. The rules and processes for hand washing were very complex and were an important part of the Jewish law. Jesus says that it is what comes from within us that really matters. We need to have good hearts, speak kind words, and let our actions match what we say.

The Scriptures

A reading from the holy Gospel according to Mark

7:1-5, 14-16

Some Pharisees and several teachers of the Law of Moses from Jerusalem came and gathered around Jesus. They noticed that some of his disciples ate without first washing their hands.

The Pharisees and many other Jewish people obey the teachings of their ancestors. They always wash their hands in the proper way before eating. None of them will eat anything they buy in the market until it is washed. They also follow a lot of other teachings, such as washing cups, pitchers, and bowls.

Jesus called the crowd together again and said, "Pay attention and try to understand what I mean. The food that you put into your mouth doesn't make you unclean and unfit to worship God. The bad words that come out of your mouth are what make you unclean."

The Gospel of the Lord. **Praise to you, Lord Jesus Christ.**

Video

Click to watch the video: [Kind words](#)



Group Discussion

If you had to create a recipe for creating a good person, what ingredients would be needed?

Praying For Others

Leader: Let us pray now for the leaders of our Church, our world, for those in our community and for our own needs.

Reader 1: We pray for those people who show us how to be kind. Lord hear us.

All: Lord hear our prayer.

Reader 2: We pray that our actions will show the goodness in our hearts. Lord hear us.

All: Lord hear our prayer.

Reader 3: We pray that our words will make other people happy. Lord hear us.

All: Lord hear our prayer.

Reader 4: We pray for peace and harmony in our families. Lord hear us.

All: Lord hear our prayer.

Reader 5: We pray that we try to understand people who are different from us. Lord hear us.

All: Lord hear our prayer.

Invite the children to pray for their own special intentions.

All: Lord hear our prayer.

Leader: Loving God, listen to the prayers we make in the name of Jesus.

All: Amen.

Prayer



Dear Jesus,
You know what is in our hearts.
Help us to love other people and to
show this love through our words
and our actions.
Amen.

Group Activity

CLEAN ON THE INSIDE

You will need: a worksheet for each child, coloured markers or colouring pencils

Jesus wants us to be clean on the inside... and to show this by the friendly words that come out of our mouths.

1. Invite the children to draw a picture inside the colourful frame, where they are saying something kind to another person.
2. Children may need some assistance to write down the words in a speech bubble on their picture.



KIND WORDS AND ACTIONS SHOW THAT WE ARE CLEAN ON THE INSIDE!

**DRAW A PICTURE OF YOURSELF SAYING SOMETHING KIND
TO ANOTHER PERSON.**



**CLEAN ON THE
OUTSIDE**

To be **CLEAN ON THE INSIDE** means
that good words and good thoughts
come from your heart.

WRITE SOME GOOD THOUGHTS AND WORDS HERE.

**CLEAN ON THE
INSIDE**

