



19th Sunday in Ordinary Time 11 August 2024 - Year B

"Walk in love, just as Christ."

Something to Think About

What does it mean to forgive someone? What does forgiveness look like?

The Story

In today's reading, St Paul is teaching about the importance of letting go of angry feelings and forgiving people who hurt us. God always loves us and forgives us, even when we do the wrong thing. In the same way, we should forgive others and be kind to them.

The Scriptures

A reading from the letter of St Paul to the Ephesians 4:31 - 5:2

Brothers and sisters:

Stop being bitter and angry and mad at others.

Don't yell at one another or curse each other or ever be rude.

Instead, be kind and merciful,

and forgive others, just as God forgave you because of Christ.

Do as God does.

After all, you are his dear children.

Let love be your guide.

Christ loved us and offered his life for us

as a sacrifice that pleases God.

The word of the Lord. Thanks be to God.

Video

Click to watch the video:

A Friendly Thing Called Forgiveness



Group Discussion

Can you remember a time when you upset someone and they forgave you? How did it feel? Has anyone ever hurt or upset you so much that you found it hard to forgive them? Talk together about how wonderful it is that God always forgives us, and why it is important that we forgive others.

Praying For Others

Leader: Let us pray now for the leaders of our Church, our world, for those in our community and for our own needs.

Reader 1: We pray that our leaders will be guided by love and fairness. Lord hear us.

All: Lord hear our prayer.

Reader 2: We pray for those who need forgiveness. Lord hear us.

All: Lord hear our prayer.

Reader 3: We pray that we will trust in God's mercy and love. Lord hear us.

All: Lord hear our prayer.

Reader 4: We pray for people who are finding it hard to forgive. Lord hear us.

All: Lord hear our prayer.

Reader 5: We pray for peace and harmony in our families. Lord hear us.

All: Lord hear our prayer.

Invite the children to pray for their own special intentions.

All: Lord hear our prayer.

Leader: Loving God, listen to the prayers we make in the name of Jesus.

All: Amen.

Prayer



Dear God,
Thank you for forgiving us whenever
we do something wrong.
Help us to forgive those
who hurt us.
Amen.

Group Activity

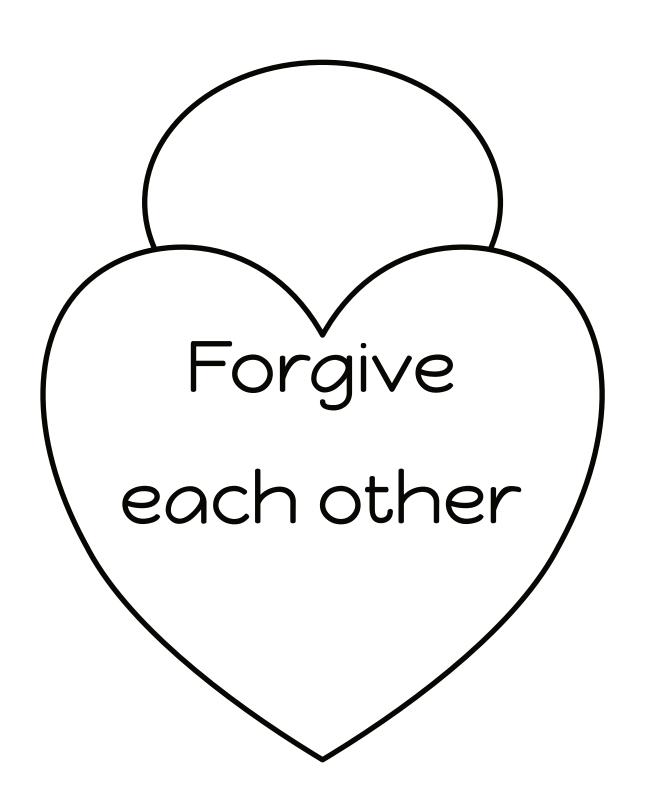
FORGIVE EACH OTHER

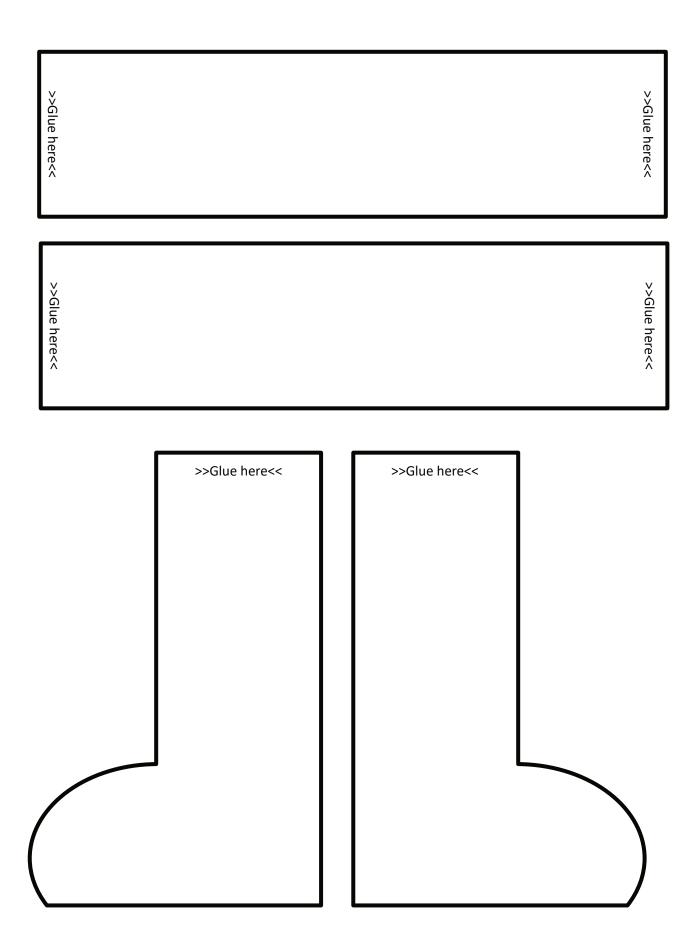
You will need: template pages, colouring pencils or markers, scissors, glue, googly eyes (optional)

- 1. Colour the template pages and draw a face.
- 2. Draw around both of the child's hands onto paper.
- 3. Cut out the objects. Glue arms and legs behind the heart. Glue on the hands.









FORGIVENESS 15.

GIVING SOMEONE ANOTHER CHANCE





COLOUR THE PICTURE